



PLEASE JOIN TEAM BP FOR THE 31ST ANNUAL RIDE! We need YOU to help us remain the biggest and highest fundraising team in the BP MS 150!

WHAT IS THE BP MS 150? The BP MS 150 is a two-day fundraising bike ride with 13,000 riders organized by staff and volunteers from the National MS Society South Central Region and is the largest of 100 Bike MS events in the United States. BP will serve as the title sponsor for the 15th consecutive year. This year's ride will take place April 18th - 19th, 2015

The BP MS 150 has three official start locations in the Houston area with total mileage between approximately 160-180 miles to Austin and breakpoints every 8-15 miles. The ride begins Saturday morning, where Team BP members have the option of starting at Westlake Campus /Tully Stadium in Houston, Rhodes Stadium in Katy, or Waller Stadium in Waller. Riders follow scenic roads into Bellville for lunch and Day One ends at the Fayette County Fairgrounds in La Grange. More than 200 teams rent tents at the Fairgrounds and across the street at Camp St. Mark's for an overnight celebration.

On Sunday morning, riders living with MS and Club 300 members start the ride first with the choice of two great routes into Austin. Team BP starts immediately afterwards. The Bechtel Challenge Route winds through the rolling terrain of Bastrop and Buescher State Parks while the Genzyme One-to-One Express Route bypasses the Parks. Both routes merge before lunch at the Bastrop Intermediate School. The final leg of Day Two takes riders past the University of Texas campus into downtown Austin for exciting Finish Line festivities at the State Capitol near the Bob Bullock State History Museum.

WHO CAN PARTICIPATE? EVERYONE! BP employees, retirees, contractors, friends and family are encouraged to ride, volunteer or support!



LET'S RIDE

Rider Registration - National Multiple Sclerosis Society & Team BP

1. Register online with the National Multiple Sclerosis Society at <http://www.bpms150.net>. Select Team BP.
 2. Register online with Team BP at bpcommunities.com. Everyone will need to create a bpcommunities account. Be sure to save your username and password as you will need it for future use.
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Mandatory Requirements of Team BP

- Register online with both National MS Society and Team BP.
 - Complete the Team BP waiver online (notarized if under 18).
 - Complete the National MS Society waiver online (notarized if under 18).
 - Attend a safety clinic every three years (i.e., 2013, 2014 or 2015).
 - Complete the National MS Society Safe Cycling Challenge, a quick online quiz on cycling safety. Link will be sent out via Team Captain email at a later date.
 - Achieve a minimum fundraising goal of \$500 before packet pick up.
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Additional Information

Team BP website: <http://www.bpcommunities.com>

Registration for BP MS 150 volunteer opportunities opens in February at <http://bpcommunities.com>

Other ways YOU can help: employees can donate to Team BP riders via BP America's Fabric of America program and/or BP Foundation's Matching program. For more information visit <https://www.easymatch.com/BPFabric/> or <https://www.easymatch.com/BPMatch/>

Team captains email address: teambpms150captain@bp.com

